



Changing life stories

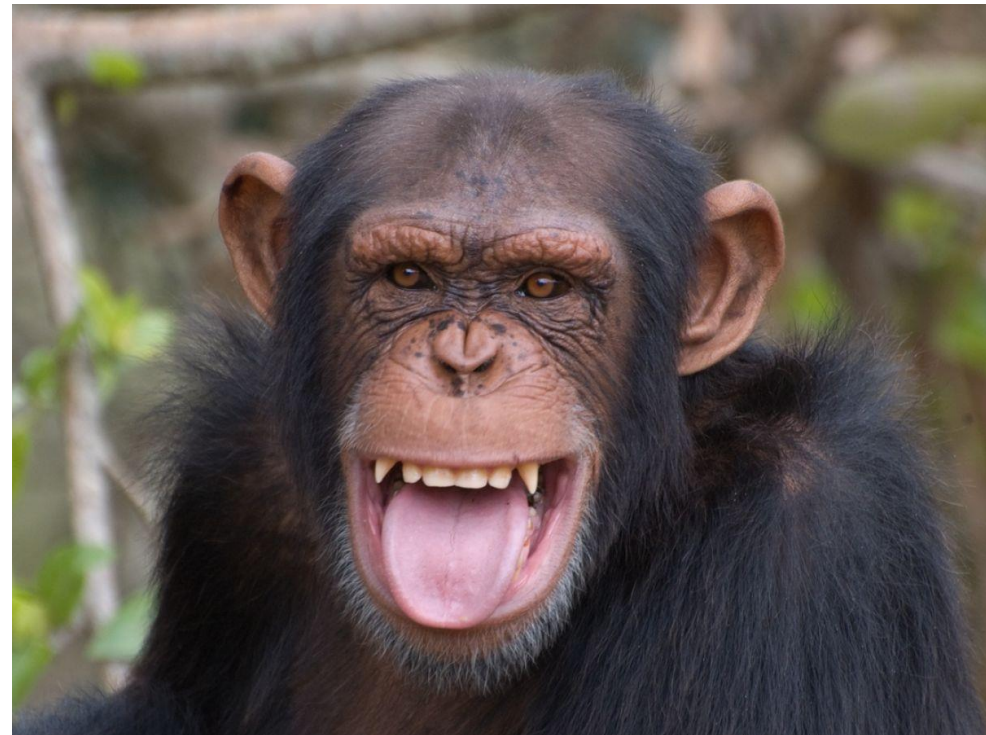
# Notes from a Pandemic

## True or False?



# True or False?

The COVID-19 vaccine being developed by Oxford University and AstraZeneca will turn people into monkeys.



# False!

The COVID-19 vaccine being developed by Oxford University and AstraZeneca will **NOT** turn people into monkeys.



# The Facts

*'The messages are deliberately unsophisticated, laced with attempts at dark humour and calculated to spread fear, uncertainty and scepticism.'*

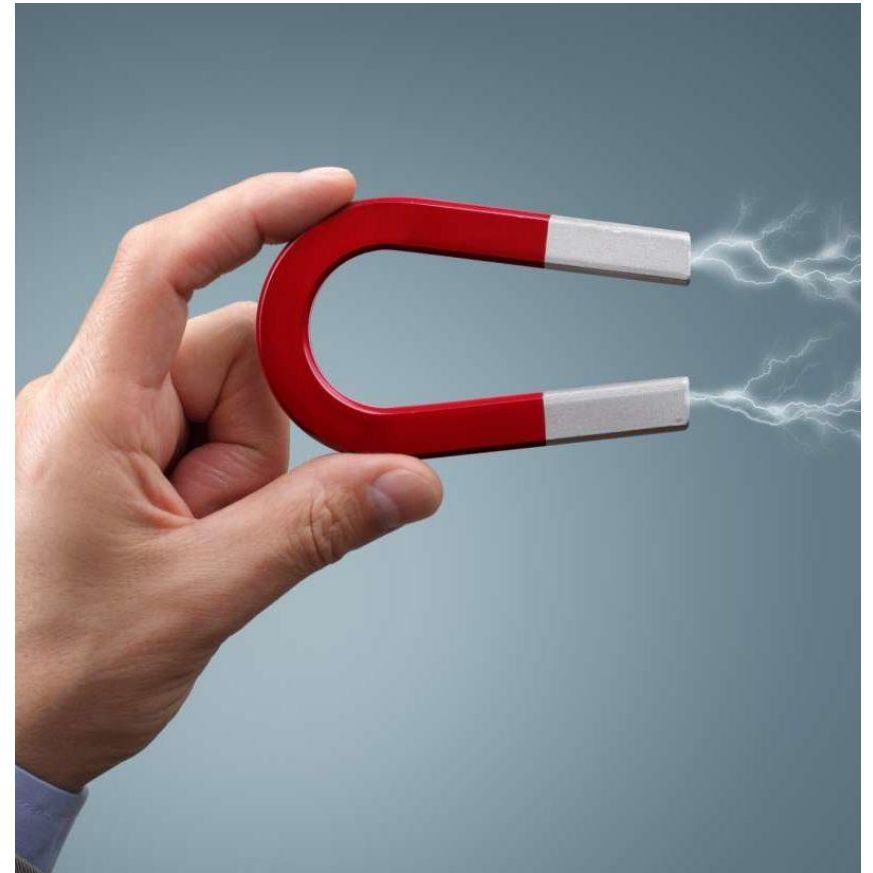
The Times of London

According to The Times of London, the claim is being promoted through memes and video clips as part of a disinformation campaign involving officials in Russian state agencies, specifically targeted at countries where Russia wants to sell its own COVID-19 vaccine.

This false claim is based on the fact that Oxford and AstraZeneca's vaccine relies on a modified chimpanzee virus intended to generate an immune response to the virus that causes COVID-19.

# True or False?

Receiving a COVID-19 vaccine will cause you to be magnetic.



# False!

Receiving a COVID-19 vaccine will **NOT** cause you to be magnetic.



# The Facts

Receiving a COVID-19 vaccine will not make you magnetic, including at the site of vaccination which is usually your arm.

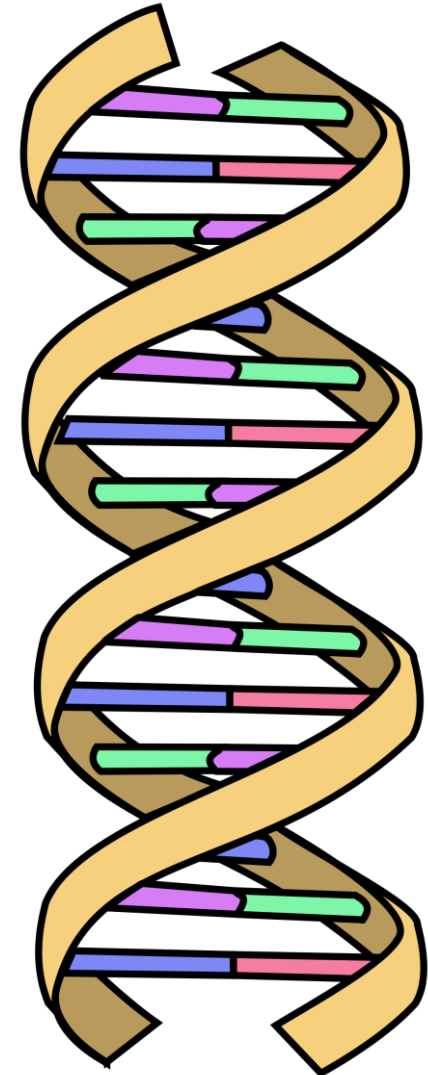
COVID-19 vaccines do not contain ingredients that can produce an electromagnetic field at the site of your injection. All COVID-19 vaccines are free from metals.

Centers for the Disease and Control Prevention

# True or False?

Receiving a COVID-19 vaccine will change your DNA.

(DNA is a special molecule which contains a record of instructions telling each cell in our body what its job is going to be.)



# False!

Receiving a COVID-19 vaccine will **NOT** change your DNA.



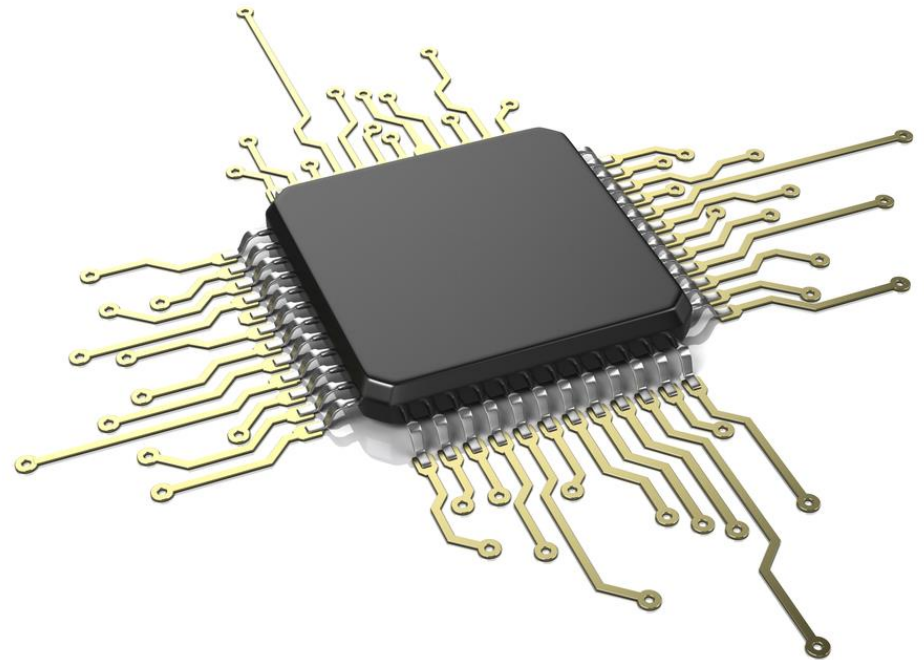
# The Facts

COVID-19 vaccines do not change or interact with your DNA in any way. Some COVID-19 vaccines deliver instructions to our cells to start building protection against the virus that causes COVID-19. However, the material never enters the nucleus of the cell, which is where our DNA is kept.

Centers for the Disease and Control Prevention

# True or False?

COVID-19 vaccines contain microchips.



# False!

COVID-19 vaccines do **NOT** contain microchips



# The Facts

COVID-19 vaccines do not contain microchips.

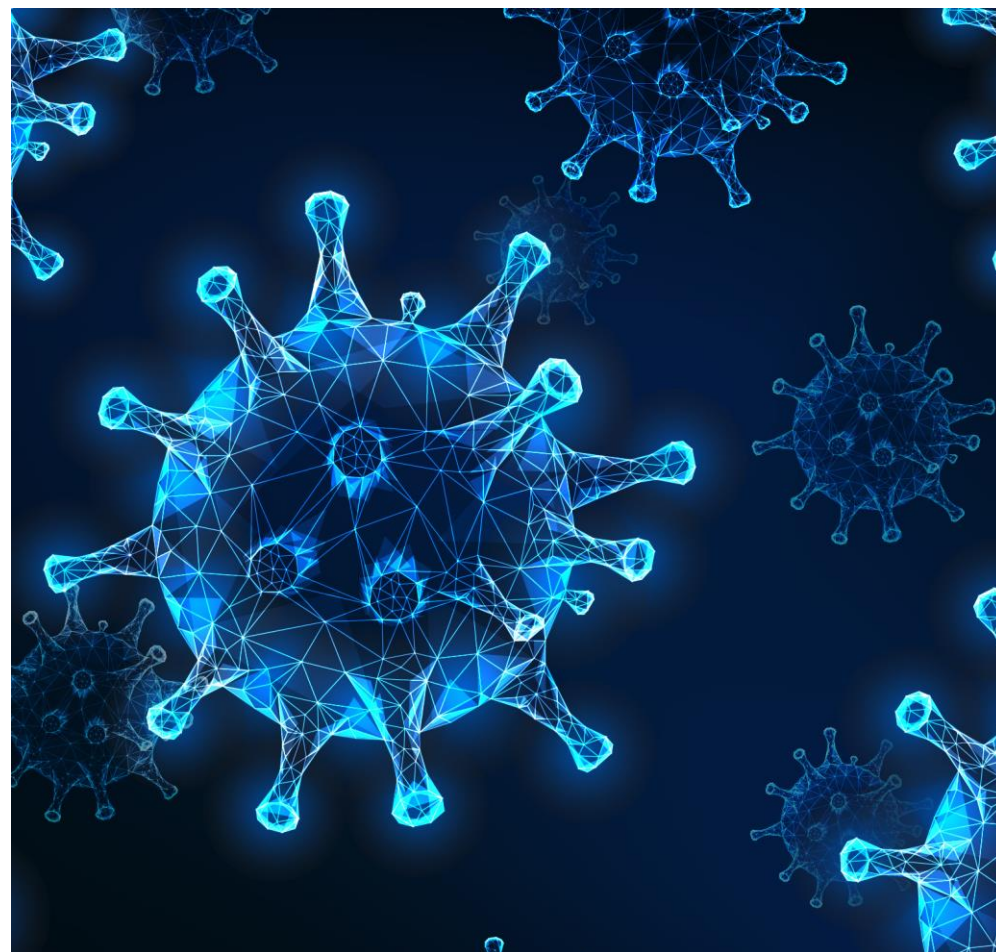
Vaccines are developed to fight against disease and are not administered to track your movement. Vaccines work by stimulating your immune system to produce antibodies, exactly like it would if you were exposed to the disease. After getting vaccinated, you develop immunity to that disease, without having to get the disease first.

[Centers for the Disease and Control Prevention](#)

# True or False?

COVID-19 vaccines can help prevent new variants from emerging.

(New variants of a virus happen because the virus that causes COVID-19 constantly mutates through a natural ongoing process of change.)



# True!

COVID-19 vaccines can help prevent new variants from emerging.



# The Facts

As it spreads, the virus has more opportunities to change. High vaccination coverage in a population reduces the spread of the virus and helps prevent new variants from emerging.

Centers for the Disease and Control Prevention

# True or False?

People of all ages can be infected by the COVID-19 virus



# True!

People of all ages can be infected by the COVID-19 virus



# Facts

Older people and younger people can be infected by the COVID-19 virus. Older people, and people with pre-existing medical conditions such as asthma, diabetes, and heart disease appear to be more vulnerable to becoming severely ill with the virus.

The World Health Organisation advises people of all ages to take steps to protect themselves from the virus, for example by following good hand hygiene and good respiratory hygiene.

[World Health Organisation](https://www.who.int/)