

Try these!

1. Use your hands!

Help your child string small items such as macaroni, pasta or beads on a piece of string or a shoelace.



Let your child use a knife and fork to feed themselves at meal times, and let them pour their own drink.

Your child will need to do this to be ready for school.

2. Draw pictures together

- Use crayons, pencils, paint brushes, stamps, stencils, etc. to make marks on paper.
- Draw simple pictures in front of your child. You don't have to be an artist!
- Praise your child's drawing! Don't worry if your child's picture looks like lots of scribbles – ask them to tell you what it is and you will be surprised that they know exactly what they've drawn!



It's me at the
park!



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