

ENJOY READING TOGETHER





Take 10 minutes to share a story with your child every day from birth

Sharing a story with your child is a chance for you to relax and spend time together. It's also a great way for them to learn new words.

Children will benefit if you read aloud to them, even when they have started to read themselves.

Reading with babies and children for just 10 minutes a day will make a difference.

National Literacy Trust research shows that children who enjoy reading and writing are happier than those who don't. Take a picture as you read with your child and share with #ReadMCR

Illustration from 'Bears On The Stairs' lynnechapman.co.uk

Here are some tips to make reading together a special time:

- Share books with rhyme, rhythm and repetition – hearing rhyming words will encourage your child to join in.
- Find the children's section at your local library and ask library staff to recommend books for you and your child to share.
- Sit where you can both see the story, so you can talk about the pictures.
- Read little and often it's best to switch off the TV and mobile phone if you can.





- Read favourite books over and over again. This will help your child to remember the words and join in.
- Point to the pictures and talk about them. Talking helps your child to become the storyteller. Try asking questions such as: "What do you think happens next?"
- It's nice to make links between stories and real life: "Do you remember when we saw a dog like that?"
- Let grandparents, brothers, sisters and other adults join in with reading too.

Let your child hold the book and turn the pages

Want to find out more?

wordsforlife.org.uk features tips and activities to support your child's development.

FREE READING PACKS

All Manchester children will receive free Bookstart packs from BookTrust - one from their health visitor before their first birthday, and another from their nursery, children's centre or other early years setting when they are three or four years old. These free packs will give you the opportunity to share books together every day and help you to inspire a love of reading in your little one.

For more information, games, stories and ideas of books to read, see booktrust.org.uk

If you do not receive your pack, email bookstart@manchester.gov.uk



It's never too early to visit the library with your child.

#ReadMCR



