# READ NORTH EAST 7 ways to read together

Reading is an essential part of every child's life, and children will feel the benefits by reading for just 10 minutes a day. It helps with their wellbeing, language skills and imagination and it doesn't just have to be books! Try these tips to help get reading into your family's daily routine.

# 1. Read anything, anywhere

All reading counts! Whether it's road signs, adverts, take-away menus, instructions, leaflets posted through your door or a favourite children's book – every bit of reading helps your child improve their skills.

## 2. Lead by example

Our research shows that children who see their parents or carers reading are more likely to read in their spare time.

# 3. Find 10 minutes everyday

Reading with your little one everyday prepares them for school and sharing a story for just 10 minutes a day is enough to make a difference.

## 4. Discover new ways to read

Download an ebook, audio book or watch storytellers online. Audiobooks are a great tool to engage <u>reluctant readers</u> – 1 in 3 children say audio books help improve their mood and more than half say they make them more interested in books.

#### 5. Talk about stories

Chat about your favourite childhood stories and read any old books that you still have. You can also chat about storylines even after you've finished reading together to keep your child interested.

#### 6. Love your local library

Most libraries are currently able to provide a click & collect book service and many are offering online storytelling sessions too, check your local library for details. You can also try apps like <u>Libby</u> or <u>Borrow Box</u> to borrow ebooks for free.

# 7. Read books in your home language

Reading books with your little one in your home language can help boost their overall literacy skills.

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