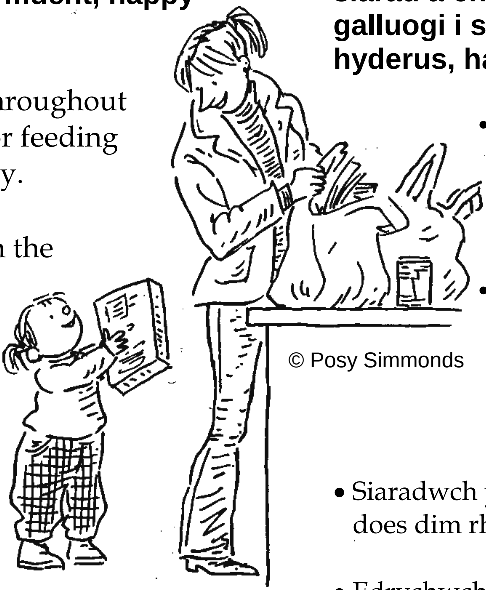
Talking with your baby

Learning to talk is one of the most important and complex skills your child will accomplish. It seems to happen naturally, but in fact you have a very important role to play. The more you talk to your baby, the more you enable her to become a good talker and a confident, happy child.



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- Talk about what you're doing throughout the day – when you're bathing or feeding your baby or changing her nappy.
- Talk about the things you see on the way to the shops, or at the supermarket. Try to talk about the things your child shows an interest in.
- Talk in the language that you know best - it doesn't have to be English.
- Look at your baby as you talk and give him time to respond to your chatter.
- Answer your baby's noises and babbles.
- Cuddle up together and read a favourite book or talk about the pictures.
- Have fun with nursery rhymes or any song, especially those with actions.
- Listen carefully and give your toddler time to finish talking.
- If your toddler says something incorrectly, say it back the right way, e.g. "Goggy bited it." "Yes, the dog bit it, didn't he."
- Try to watch TV together so you can talk about what happens.

Siarad â'ch babi

Dysgu siarad yw un o'r sgiliau pwysicaf a mwyaf cymhleth y bydd eich plentyn yn eu meistroli. Mae'n ymddangos yn digwydd yn naturiol, ond mae gennych chi rôl bwysig iawn mewn gwirionedd. Po fwyaf fyddwch chi'n siarad â'ch babi, mwya'n y byd rydych yn ei galluogi i siarad yn dda a bod yn blentyn hyderus, hapus.

- Siaradwch am yr hyn rydych yn ei wneud drwy'r dydd – pan fyddwch yn rhoi bath neu'n bwydo'ch babi neu'n newid ei chlwt.
- Siaradwch am y pethau rydych yn eu gweld ar y ffordd i'r siop, neu yn yr archfarchnad. Ceisiwch siarad am y pethau mae eich plentyn yn dangos diddordeb ynddyn nhw.
- Siaradwch yn yr iaith yr ydych yn ei hadnabod orau – does dim rhaid mai Cymraeg/Saesneg yw hi.
- Edrychwch ar eich babi wrth i chi siarad, a rhowch amser iddo ymateb i'ch cleber.
- Atebwch synau a pharabl eich babi.
- Cwtswch at eich gilydd a darllen ei hoff lyfr, neu siaradwch am y lluniau.
- Gallwch gael hwyl gyda hwiangerddi neu unrhyw gân, yn enwedig rhaid sydd â symudiadau.
- Gwrandewch yn ofalus, a rhowch amser i'ch plentyn bach orffen siarad.
- Os yw'ch plentyn yn dweud rhywbeth yn anghywir, dywedwch y gair yn gywir, e.e. "Caff wedi braffu o." "Do, fe frathodd y gath o, on'd do."
- Gwyliwch y teledu gyda'ch gilydd er mwyn i chi allu siarad am yr hyn sy'n digwydd.

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National Literacy Trust

Talk To Your Baby

Quick tips may be photocopied. For more information visit www.talktoyourbaby.org.uk
Talk To Your Baby is an initiative of the National Literacy Trust.