

Talking with your baby

Learning to talk is one of the most important and complex skills your child will accomplish. It seems to happen naturally, but in fact you have a very important role to play. The more you talk to your baby, the more you enable her to become a good talker and a confident, happy child.

- Talk about what you're doing throughout the day – when you're bathing or feeding your baby or changing her nappy.
- Talk about the things you see on the way to the shops, or at the supermarket. Try to talk about the things your child shows an interest in.
- Talk in the language that you know best – it doesn't have to be English.
- Look at your baby as you talk and give him time to respond to your chatter.
- Answer your baby's noises and babbles.
- Cuddle up together and read a favourite book or talk about the pictures.
- Have fun with nursery rhymes or any song, especially those with actions.
- Listen carefully and give your toddler time to finish talking.
- If your toddler says something incorrectly, say it back the right way, e.g. "Goggy bited it." "Yes, the dog bit it, didn't he."
- Try to watch TV together so you can talk about what happens.



© Posy Simmonds

與你的嬰兒交談

學說話是你的孩子將具有最重要和複雜的技能之一。這似乎是天生的，但事實上你負有很重要的角色。你越時常對你的孩子說話，越能夠使他成為善於言談、有信心和愉快的孩子。

- 談談你在一整天做的事宜 – 當你給嬰兒洗澡、餵食或換尿布時候。
- 談談你們在去購物途中，或者在超級市場看見的事物。儘量談一些令你的孩子感到興趣的事。
- 以你最精通的語言談話 – 不需要是英語。
- 說話時候，目光對向你的嬰兒，且讓他有表達反應。
- 嬰兒發出聲音或牙牙學語時候，給以回答。
- 摟抱一回，唸讀一本喜愛的書籍，或者談談有關圖畫。
- 享受兒歌或任何歌曲帶來的樂趣，尤其是附帶動作的一種。
- 細心聆聽你孩子說話，讓他說完想說的話。
- 如果你的孩子說了什麼不對，便以正確的方式再說哪一句話，例如「狗兒咬」，「不錯，狗兒把它咬了一口，不是嗎？」
- 一起看電視，談談節目的情節。