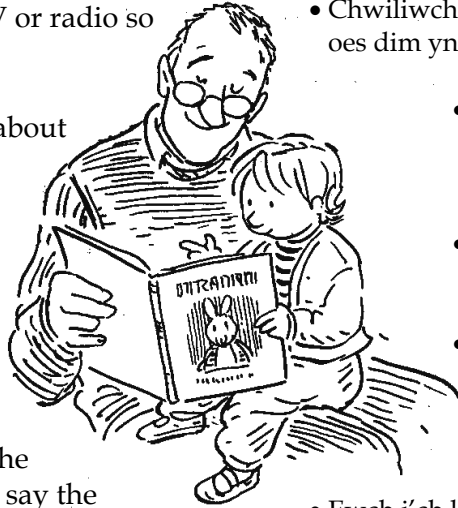


Sharing books with your baby

Sharing books is a wonderful way to help your child learn to talk, and it's the ideal opportunity to share a cuddle at the same time.

- Find a quiet place. Turn off the TV or radio so there are no distractions.
- As well as reading the story, talk about the pictures. If there's a picture of a dog, talk about a dog that you know.
- Give your child time to respond to your chatter.
- Don't put any pressure on your child to name the pictures, but if she copies your words, praise her and say the word again for her.
- Visit your library for different books – it's free to join. Don't worry if books get damaged; libraries understand that this sometimes happens.
- Don't read for too long. Young children get bored quickly so little and often is best.
- Let other grown-ups – grandparents, carers and older brothers and sisters – join in too.
- It's good to share favourite books again and again. Repetition helps children to understand and remember the language they hear.
- Remember, you're not teaching your child to read. You learn to talk a long time before you learn to read, and book sharing is a wonderful way to help your child's language development.



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Rhannu llyfrau gyda'ch babi

Mae rhannu llyfrau yn ffordd wych i helpu'ch plentyn i siarad, a hwn yw'r cyfle delfrydol i gael cwtsh ar yr un pryd.

- Chwiliwch am le tawel. Diffoddwch y teledu fel nad oes dim yn tarfu.
- Yn ogystal â darllen y stori, trafodwch y lluniau. Os oes llun ci, siaradwch am gi rydych chi'n ei adnabod.
- Rhowch amser i'ch plentyn ymateb i'ch clebran.
- Peidiwch â rhoi unrhyw bwysau ar eich plentyn i enwi'r lluniau, ond os yw hi'n copïo'ch geiriau, dylech ei channol a dweud y gair wrthi eto.
- Ewch i'ch llyfrgell am lyfrau gwahanol – cewch ymuno am ddim. Peidiwch â phoeni os yw'r llyfrau'n cael eu difrodi; mae llyfrgelloedd yn deall bod hyn yn digwydd weithiau.
- Peidiwch â darllen yn rhy hir. Mae plant ifanc yn diflasu'n gyflym, felly, darllen ychydig ac yn aml sydd orau.
- Gadewch i oedolion eraill ymuno hefyd – neiniau a theidiau, gofawyr a brodyr a chwiorydd hŷn hefyd.
- Mae'n dda rhannu hoff lyfrau drosodd a throsodd. Mae ailadrodd yn helpu plant i ddeall a chofio'r iaith maen nhw'n ei chlywed.
- Cofiwch, nid dysgu'ch plentyn i ddarllen ydych chi. Rydych chi'n dysgu siarad ymhell cyn i chi ddysgu darllen, ac mae rhannu llyfrau yn ffordd wych i helpu datblygiad iaith eich plentyn.

Welsh translation produced with support from the Basic Skills Strategy for Wales.