## Sharing books with your baby

Sharing books is a wonderful way to help your child learn to talk, and it's the ideal opportunity to share a cuddle at the same time.

• Find a quiet place. Turn off the TV or radio so there are no distractions.

• As well as reading the story, talk about the pictures. If there's a picture of a dog, talk about a dog that you know.

• Give your child time to respond to your chatter.

• Don't put any pressure on your child to name the pictures, but if she copies your words, praise her and say the word again for her.

- Visit your library for different books it's free to join. Don't worry if books get damaged; libraries understand that this sometimes happens.
- Don't read for too long. Young children get bored quickly so little and often is best.
- Let other grown-ups grandparents, carers and older brothers and sisters join in too.
- It's good to share favourite books again and again. Repetition helps children to understand and remember the language they hear.
- Remember, you're not teaching your child to read. You learn to talk a long time before you learn to read, and book sharing is a wonderful way to help your child's language development.

## Ilmaha oo aad buugga wada akhrisaan

Buugaagta oo aad wada akhrisaan waa hab wanaagsan oo ilmaha lagu baro hadalka, sidoo kale waa fursad jirkiinnu isku taabto si aad iskugu soo dhowaataan.

- Raadso meel xasilloon. Demi TV-ga ama raadiyaha si aan carqalad idiinku iman.
- Idinka oo sheekada akhrinaya, sidoo kale ka sheekee sawirrada. Haddii sawirku yahay mid 'ey' ka sheekee eyga.
  - Ilmaha sii waqti uu kaga jawaabo hadalkaaga.
    - Ilmaha culays ha ku saarin inay sheegaan waxa sawirku yahay, haddii uu kaa daba-sheego ugu celi magaca sawirka mar kale.



- Maktabdda ka doono buugaag waa lacag la'aan.
   Ha walaacin haddii buuggu jeexmo; shaqaalaha maktabaddu way fahmayaan inay sidaasi dhacdo.
- Akhriska ha ku dheeraan. Ilmuhu way caajisaan, sidaas darteed akhris kooban oo ku celcelis ah ayaa habboon.
- U oggolow in xubnaha kale ee qoyska sida waalidka, walaalaha waaweyn – ay ku soo biiraan sheekadiina.
- Waa wax wanaagsan inaad wada akhrisaan buugaagta aad jeceshihiin in badan. Ku celcelisku waxa uu carruurta ka caawiyaa fahamka iyo inay xusuustaan hadalka ay maqlayaan.
- Xusuuso, ilmaha ma baraysid akhriska. Waa inay marka hore hadalka bartaan si ay akhriska u bartaan, akhriska buugaagtuna waa hab ilmaha ka caawin kara korriinka luqaddooda.

Quick tips may be photocopied. For more information visit www.talktoyourbaby.org.uk
Talk To Your Baby is an initiative of the National Literacy Trust.



This translation was kindly sponsored by the Hillbrook Centre for children and Families. Hillbrook are a Sure Start funded Children's Centre offering a range of activities and groups to support parents/carers with children aged birth - 5 years - for further information please contact the children's centre on 020 8672 3957.